



CLIENT COACHING AGREEMENT

Welcome to coaching!! I am happy to have you as a client. It is important to begin our relationship with a clear understanding about our work together, so that we can focus on achieving the outcomes you desire. Please read the agreement carefully before signing.

Definition of Coaching: Coaching is a professional partnership in which we work together to clarify areas that you would like to improve and work toward achieving your desired outcomes in those areas. I will help you come up with your own answers.

The Coaching Engagement: Our coaching engagement can be customized to meet your individual needs.

Option 1: Individual sessions – 60 minutes - \$135.00 per session.

Option 2: Package #1 - Life Purpose Coaching - Find your purpose and mission in life, eliminate fears and limiting beliefs that prevent you from being seen and shining brightly; 16 weeks - 60 minute-session weekly. Investment: US\$1,840.00, 3 installments paid via Zelle or PayPal.

Option 3: Package #2 – Lifestyle Coaching – With small and continuous habit changes, you can overcome the lack of energy and creativity, fears, stress, procrastination, and limiting beliefs that block your energy flow and joy; 24 weeks - 60 minute-session weekly. Investment: US\$2,400.00 – monthly payment via Zelle or PayPal.

Our sessions will be held on Zoom (or Skype). I will send you the link via email.

Keeping Appointments: Coaching is a commitment. I encourage you to keep your regularly scheduled appointments, as the results of our work together are cumulative. The best results usually happen because of your consistency and follow-through. Even if you feel unprepared, there is value to be gained from exploring what’s happening. If you are late for an appointment, the agreed-upon schedule will still apply, and the session will end at the scheduled time.

Missed Appointment: I understand that emergencies can happen to anyone;

therefore, if an emergency keeps you from attending a session, please contact me whenever possible to let me know of the circumstances. Such events as a family emergency, serious accidents, or illness are considered "emergencies." In all other circumstances, if you miss a session without notice or cancel less than 24 hours in advance, the full fee will be charged.

Optional: If you reschedule within the same week, the cancellation fee will be waived.

The Coach's Responsibility: I am committed to supporting you in achieving your desired outcomes and having each session be meaningful and productive. I agree to conduct myself professionally. I will not offer advice in any area in which I am not qualified and will, upon request, assist you in finding a trained or licensed professional for any matter that is outside my scope of expertise.

Confidentiality: Your identity as a coaching client and all communications between us will be held strictly confidential, to the extent permitted by law, unless you give me express permission to disclose specific information. While the coach-client relationship is not privileged, and I may be required to disclose confidential information in a legal proceeding, it is highly unlikely that this will occur. In the event that there is evidence that you are a potential danger to yourself or another or that you disclose illegal activity, I am ethically bound to report it to the appropriate authority. In such a case, I will discuss it with you before taking such action.

Communication Between Sessions: Please feel free to email or leave messages on my voicemail. My email is contactme@sandraguassi.com. My phone number is (404) 643-0155. If your concern is urgent, please let me know, and I will get back to you as soon as I can.

Copyright: During the coaching process, I may assign you materials that Fern Gorin and The Life Purpose copyright. Please note that these are for your use only and may not be shared in any form, printed or electronic, with any third party.

Termination: Because a good termination process is important to your personal growth, please give me a one-session notice. This will give us the opportunity to review your concerns, discuss further steps you can take, and can say goodbye in a meaningful and complete way.

Please let me know if you have any questions or concerns at any time during our coaching engagement. I look forward to having you as a client and helping you create a life you love!

Client's Signature

Date _____

Coach's Signature

Date _____