

Sandra Guassi – Meaningful Living
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CLIENT HYPNOTHERAPY AGREEMENT

Welcome to Hypnotherapy Program! I am happy to have you as a client. It is important to begin our relationship with a clear understanding of our work together so that we can focus on achieving the outcomes you desire. Please read the agreement carefully before signing.

Definition: Hypnosis is the bridge to the subconscious and superconscious minds. My approach is a professional partnership with you, in which we work together to clarify areas that you would like to improve and work toward achieving your desired outcomes in those areas. We aim to bring the best out of you. You have the answers you are looking for within yourself. As a hypnotherapist, I will access your subconscious mind to remove the old negative scripts blocking you from reaching your full potential and imprint new positive and healthy messages that will improve your life, self-love, and self-confidence.

The Hypnotherapy Engagement: can be customized to meet your individual needs.

Our sessions will be held in my office, Zoom (Sandra Guassi), or Skype (Sandra Guassi).

If in-person, please do not arrive more than 5 minutes before the time of our appointment.

If by Skype, at the time of your appointment, I will call you on your Skype address, previously given to me. My Skype address is Sandra Guassi.

If by Zoom: I will email you a link to your appointment.

Fees and Payment: *Clinical Hypnotherapy*

Option 1: The fee for each clinical hypnotherapy session is \$150.00 for 60 minutes.

Option 2: 06-session package = US\$810.00

Option 3: 10-session package = US\$1,200.00 – two installments

Keeping Appointments: Hypnotherapy is a commitment. I encourage you to keep your regularly scheduled appointments, as the results of our work together are cumulative. The best results usually happen because of your consistency and follow-through. Even if you feel unprepared, there is value to be gained from exploring what's happening. If you are late for an appointment, the agreed-upon schedule will still apply, and the session will end at the scheduled time.

Missed Appointment: I understand that emergencies can happen to anyone; therefore, if an emergency keeps you from attending a session, don't hesitate to contact me whenever possible to let me know the circumstances. Such events as family emergencies, serious accidents, or illnesses are considered "emergencies." In all other circumstances, if you miss a session without notice or cancel less than 24 hours in advance, the full fee will be charged.

The Hypnotherapist's Responsibility: I am committed to supporting you in achieving your desired outcomes and making each session meaningful. I agree to conduct myself professionally and ethically. I will not offer advice in any area in which I am not qualified and will, upon request, assist you in finding a trained or licensed professional for any matter outside my expertise. I invest additional time for hypnotherapy preparation for each session that the client is not charged for. I invest extra time, which can be from 10 to 60 minutes per session, because I am committed to the success of the client's program.

Confidentiality: Your identity as a client and all communications between us will be held strictly confidential, to the extent permitted by law, unless you give me express permission to disclose specific information. While the hypnotherapist-client relationship is not privileged, and I may be required to disclose confidential information in

a legal proceeding, it is highly unlikely that this will occur. In the event that there is evidence that you are a potential danger to yourself or another or that you disclose illegal activity, I am ethically bound to report it to the appropriate authority. In such a case, I will discuss it with you before taking such action.

The Client's Responsibility: Behavioral change requires effort on the client's part. You understand that you are responsible for keeping the agreements stated in this document and any actions you take as a result of the hypnotherapy process and for maintaining your own well-being. I ask you to take responsibility for creating value and results for yourself, to ask for what you want in each session, and to give me feedback about what works or doesn't work for you so that I can be most effective in assisting you. The client needs to be as committed to the success of their program as I am.

Open Communication I agree to communicate openly and honestly and to gently and compassionately share my observations as we work together. I encourage you to be open and honest with me, as we will get the best results if you share the full picture with me.

Communication Between Sessions: Please feel free to email me (contactme@sandranguassi.com) or text me (404-643-0155) if your concern is urgent. Please let me know and I will get back to you as soon as I possibly can.

Copyright: During your process, I may assign you materials copyrighted by Fern Gorin, since I am also a certified Life & Spiritual Coach and other material related to clinical & regression hypnotherapy. Please note that these are for your use only and may not be shared in any form, printed or electronic, with any third party.

Termination: Because a good termination process is essential to your personal growth, please give me a one-session notice. This will allow us to review your concerns, discuss further steps you can take, and say goodbye in a meaningful and complete way.

Please let me know if you have any questions or concerns at any time during our engagement. I look forward to having you as a client and helping you create a life you love!

Client's Signature

Date

Hypnotherapist's Signature

Date